

FREE | GRATIS

the

muse

www.pinelandsdirectory.co.za

PINELANDS COMMUNITY MAGAZINE

ISSUE 178 | November 2026



Smoked Trout Terrine
Nina Timm



P is for Pangolin
Kevin and Loreen McDonald



Pinelander
Professor Ntsebeza



Helen Keller

S O C I E T Y E s t. 1 9 5 8

A Retirement Estate with 68 Years of experience in Aged Care



Care, Warmth & Friendship

**PROVIDING A FULL RANGE OF SERVICES
FOR ALL RETIRED PERSONS**

Independent Living in Cottages | Assisted Living | Frail Care
A free Low Vision service to residents and the community



WHY CHOOSE HELEN KELLER'S RETIREMENT ESTATE?

EXPERTISE IN CARING | CHRISTIAN VALUES | ACCOMMODATION FOR EVERY STAGE | BUDGET FRIENDLY | SAFETY
COMPREHENSIVE SERVICES | REGULAR ACTIVITIES | REDUCED RELIANCE ON THE CITY | STAYING CONNECTED

PLEASE CONTACT pa.pr@helenkeller.org.za
BEV WROTH 021 531 5311
2A Links Drive, Pinelands
www.helenkeller.org.za



Scan to visit
our website

WELCOME



About the cover:

Every November, the poppy stands as the central symbol of Remembrance Day, November 11, representing a solemn tribute to the service members and civilians who perished in World War I and all subsequent military engagements.



African Jacana

The Afrikaans name, Grootlangtoon, best describes the outstanding feature of the bird. The Jacana has a rich chestnut body. The neck is white at the front and black at the back, with a blue frontal shield. Their long toes are especially adapted for walking on water lily leaves, the habitat that they frequent. They are often also called Lily-trotter. Found more frequently in the north of the country, they are becoming more frequent in the Western Cape. The nest is a floating platform with usually four eggs. African Jacanas are polyandrous, meaning that the male does all the incubating of the eggs and the rearing of the chicks. Food consists of insects, crustaceans and seeds. When threatened, the chicks will hide under the male's wings with just their legs sticking out.

Bird feature author: John McFarlane, enjoys the company of garden birds at his home in Pinewood Village.



WHAT SHALL I WRITE ABOUT?

Penning an editorial is one of the finishing touches to each edition of the Muse. While it's a blank sheet to muse on anything one chooses, it often starts with the question "What shall I write about?" This is often the hardest part of the assignment. This month, I started by writing down the question to try and prompt an answer, which sent me into a grammatical and stylistic minefield of linguistic history. Is "shall" a bit old-fashioned, although correct. Also, I shouldn't really end a sentence with a preposition... but then it'll sound too posh if move it to the start where it should be. Do I remain an unyielding defender of perfect grammar or let it loosen up a bit? If I doggedly stick to preserving 'proper' grammar and spelling at all costs, at which era does one freeze the rules and standard to follow and maintain for evermore?

Old English 1100s: "Hwæt sceal ic writan?"

Elizabethan 1500s: "Of what shall I make my pen to speak?"

Shakespearean 1600s: "What should I write upon?"

Victorian 1800s: "I pray thee, what theme might you advise me to pursue?"

Nowadays, I have to choose wisely, depending on my audience.

The options might look something like:

'Proper' Current English: "About what shall I write?"

Vernacular: "Like, what do I even write?"

Texting Shorthand: "idk what to write abt, u?"

So, in the end I chose to go with the grammatically questionable, but conversationally comfortable title you see above. What will be the 'right' way to pose this question in 20 years time, or even, like, next month? Who knows, but I'm sure it is still going to be entertaining to contemplate?

I hope you enjoy this edition.

Max Schutte

Editor and Advertising

Max Schutte

Content Curator

Glynnis Schutte

CONTACT THE MUSE MAGAZINE

● 073 644 1288

● muse@pinelandsdirectory.co.za



ASSOCIATION OF
INDEPENDENT
PUBLISHERS



The Muse proudly displays the "FAIR" stamp of the Press Council of South Africa, indicating our commitment to adhere to the Code of Ethics for Print and Online Media which prescribes that our reportage is truthful, accurate and fair. Should you wish to lodge a complaint about our news coverage, please lodge a complaint on the Press Council's website.

www.presscouncil.org.za or email the complaint to enquiries@ombudsman.org.za.

Contact the Press Council on 011 484 3612.

View the Rate Card on our website:

www.pinelandsdirectory.co.za

for advertising details, deadlines, artwork requirements, circulation information and publication schedules.

Your news, photographs and stories can be submitted to The Muse Magazine by email at muse@pinelandsdirectory.co.za.

The Muse reserves the right to select articles for inclusion and to make alterations to submitted contributions.

NEXT EDITION

179 • December 2026

Published: 24 Nov 2026

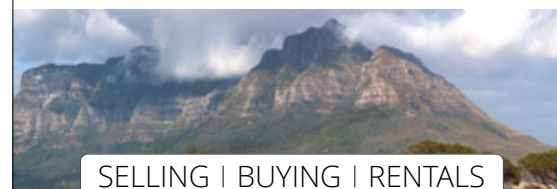
DEADLINES

Bookings: 9 Nov

Content: 13 Nov

© Copyright reserved. All editorial content and graphics are copyright and may not be copied, republished or re-used without the express permission of The Muse Magazine, which reserves all rights. Parts of this publication may also be subject to separate copyright by other parties.

TOMMYCAR
properties



SELLING | BUYING | RENTALS
RENTAL MANAGEMENT

A professional and personalized
approach to property sales
with our own legal team



CONTACT
Lynette Thompson

072 588 9193 • 021 447 4663

lynette@tcproperties.co.za

Tony's TREASURES

Cash paid for those pre-loved items that no longer serve you

GOLD (even scrap gold) remember when you lost that earring and buried the other in your jewellery box?

SILVER from scrap jewellery to silver teaset

MEDALS Boer War, WW1, WW2 inc badges & buttons

COINS tickey, sixpence, shilling, 5 shilling & R1 coins

POSTCARDS up to 1945 (1900 - 1920 are best)

CUPS & SAUCERS duos and trios (plate, cup & saucer)

OLD TOYS Schuco, Dinky, Meccano etc.

FOUNTAIN PENS, PEN-KNIVES AND WATCHES

Call me... 083 775 00 55
destony@telkomsa.net

PINELANDS CID

AGM 

Notice of the 2026 Annual General Meeting

The Pinelands Community Improvement District NPC (PLCID) will be hosting an AGM. Stakeholders are invited to a review of the past financial year's activities and planning. To be eligible to vote, property owners must register as members.

 **23 November 2026**
at 18:00

 Pinelands Town Hall
St Stephens Road,
Pinelands

CONTACT US

 members@pinelandscid.co.za

 pinelandscid.co.za





Saturday 31 Oct 2026

PNPS RED-A-FAIR 09:00 to 15:00

Pinelands North Primary School is hosting its much-loved Red-a-Fair from 09:00 to 15:00. Come and enjoy food, rides, games, stalls and entertainment. No entry fee. This fair is cash-free, so bring your debit/credit card to buy tickets. Visit the school's Facebook page or email red-a-fair@pnps.co.za.

Saturday 31 October 2026

CHRIST THE KING EVENING MARKET 18:00

Come and enjoy an evening of delicious food, great company, and community spirit at Christ the King Catholic Church, Pinelands from 18:00. There is something for everyone including tasty food stalls, sweet treats and refreshments, in a warm and welcoming atmosphere. Bring your family, friends and neighbours for a fun night out.

Thurs 5 Nov 2026 09:30 to 11:00

HAPPY HOUR SOCIAL GROUP

Come to the Pinelands Library Activities Hall and enjoy *My Life Story* with Ann Ntebe. Plus Home Remedies. All welcome. Call Santa 083 235 6730.

Saturday 7 November 2026

PINELANDS METHODIST CHURCH "MARKET ON UNION" 09:00 to noon

Saturday brunch: bacon and egg rolls, pancakes, tea, coffee. Plus Bric a Brac, plants, take home meals and snacks, all to live music and with lots of warm fellowship. Browse the stalls - it's time to start thinking about seasonal gifts. In the church hall at 2 Union Avenue. Call Joan on 082 810 1889.

Saturday 7 November 2026

LA GRATITUDE DUCK RACE 08:30

Come and celebrate the 25th anniversary of the annual Duck Race at La Gratitude Pre-Primary School from 08:30. Duck Hunt, food stalls, face painting, white elephant & more.

Saturdays 2026 09:00 to 13:00

BRIC-A-BRAC SALES FOR KAPS

At the Pinelands Club. Donations welcome. Call 083 450 2782.

Wednesday 18 Nov 2026

PAGE TURNERS BOOK CLUB 10:00 to 11:00

Come to the Pinelands Library committee room for a book chat with two authors:

- Dave Shaw - *The Italian Campaign* and
- Rusana Philander - *Chasing Deadlines*

Monday 23 Nov 2026

PINELANDS CID AGM

Meet at 18:00 in the Pinelands Town Hall, St Stephens Road. Email: members@pinelandscid.co.za. See advert on this page.

Wednesday 25 Nov 2026

PINELANDS STAMP CIRCLE

Meet at 18:30 in the Activities Hall above the Pinelands Library. This will be an All Members AGM with small exhibits.

Email Martin: m.tristan.crawford@gmail.com.

Sat 28 November 2026

PINEWOOD VILLAGE ANNUAL FÊTE

Join us between 09:00 and 13:00 for plant sales, book sales, bric-a-brac, eats and drinks including boerie rolls, bacon and egg buns, and pancakes in the tea lounge. There will also be crafters and much more. Call 0724418082.

Sunday 29 November 2026

CHRIST THE KING CATHOLIC CHURCH CHRISTMAS MARKET 10:00 to 13:00

You are invited to our Christmas Market in Woodside Drive, Pinelands for a wonderful community morning with delicious food, Christmas gifts and ornaments, new and pre-loved clothing, books, bespoke handmade items, toys and much more! All welcome!

Saturday 5 December 2026

OUR LADY OF THE BLESSED SACRAMENT CATHOLIC CHURCH ANNUAL MARKET

Support local community crafters at 2A St. Stephen's Road. There will be light meals on sale, tasty home baked goods, and fresh vegetables at this festive, cosy, family friendly annual market. Free entry. 09:30 to 17:00.

Sat 5 to Wed 23 Dec 2026

PINELANDS CRAFT AND GIFT FAIR

Look forward to relaxed Christmas shopping at Pinelands High School and choose from a variety of gifts from 200 crafters. There will be coffee and light meals and a pop up nursery in this child friendly environment. See ad Pg 10. Monday to Friday 09:00 to 19:00 Saturday and Sunday 09:00 to 17:00

Pinelands Library Call 021 814 1780

- **CHESS:** Wed 4 and 11 Nov. 15:00 to 17:00
- **PLANT SWAP:** Wed 11 Nov. 10:00 to 11:00.
- **PINEES PRAM JAM:** Fridays 10:00 to 10:40
- **FAMILY BONDING:** Saturdays 10:30 to 11:00.

ADVERTISE YOUR EVENTS! email muse@pinelandsdirectory.co.za
Send content for the December 2026 edition by 13 November 2026
Publication will be 24 November 2026. R187 ensures placement
SEE PREVIOUS EDITIONS online at www.pinelandsdirectory.co.za

MAKE THE SMART MOVE



Jessica Evans
Celebrating Seven Years of
Excellence with Seeff Pinelands
OVER R187 MILLION IN VALUE
AND
MORE THAN 124 UNITS
SOLD

A proud Thornton resident
for over 35 years

BUYING • SELLING • LETTING • GIVE US A CALL



Julie Meyer
Pinelands Sales
083 288 8481



Kathy Anderson
Pinelands Sales
083 987 7673



Jessica Evans
Thornton Sales
083 985 2111



Robyn Meyer
Rentals
078 359 0354



Debbie Peat
Rentals
082 468 7772

Winners Know When to Quit?

Should gambling advertising and sponsorship have a place in South African sport?

At the start of each year, I ask my Grade 12 pupils what they would like us to cover in our fortnightly Principal's Lessons, a series aimed at guiding them through their final year and preparing them for life beyond school. The suggestions are usually predictable: opening a bank account, understanding tax, applying to university, managing the pressure of the matric year. This year, one request was not as predictable. They asked us to talk about responsible gambling.

I am not naive enough to believe that gambling is absent from the lives of school pupils. Some stumble into it through online gaming. Yet the strength of that request told me it was present in some of their lives in a way I had not fully appreciated. Once my attention was drawn to this, I became increasingly uncomfortable.

The scale of gambling in this country is striking. According to the National Gambling Board, gross gambling revenue in South Africa reached approximately R75 billion in the 2024/25 financial year, with betting accounting for almost 70% of that. What is troubling and harder to measure is the quiet way in which the gambling industry has become normalised and part of our culture.

Watch a televised match and betting brands surround the game, on the boards along the touchline, behind the players in interviews, and again in the advertisement breaks. Siya Kolisi is admired not only for his rugby, but for the way he leads and the man he is. My concern is not with him or any individual athletes, but with the commercial environment in which our and our children's heroes are presented. It has

become entirely unremarkable to see them framed by betting logos. Perhaps it should be remarkable.

One betting slogan includes the line "Winners know when to quit". It is clever, and it is worth thinking about. Knowing when to stop requires judgement and impulse control, the very capacities still developing in adolescents. A brief reminder to gamble responsibly cannot undo hours of messaging that presents betting as simply part of being a sports fan.

There is a glaring contradiction in all of this. When I searched online for help with responsible gambling and addiction support, my screen was immediately filled with advertisements for betting platforms. That feels almost absurd.

We do not have the kind of comprehensive national data on school pupils allowing us to speak in neat percentages. Perhaps that absence is itself worth noticing. We know that those under 18 are not permitted to gamble. We know that some do. We know that our own responsible gambling bodies consider children's and teenagers' exposure enough of a concern to study it. It is worth taking seriously.

We have been here before. Tobacco sponsorship was once woven into South African sport. It seemed entirely normal-until it did not. We decided, as a society, that promoting tobacco through sport was not something we were comfortable with. The principle was simple: just because a product is legal for adults does not justify its unrestricted promotion in spaces where children are watching.

I am not the first to raise these questions. Civil society groups have campaigned for



By
Angus Morton
Principal
Cannons Creek
Independent
High School

tighter restrictions on gambling advertising, the National Gambling Board has signalled its intention to act against problematic advertising, and the government has indicated that advertising restrictions remain on the legislative agenda. This is an urgent, growing debate, and both parents and educators need to add their voices to it. There are financial realities. Sport costs money, and sponsors fill budgets. But money has never been the only measure. A sensible starting point would be to remove gambling advertising from live sporting broadcasts watched by large numbers of children and teenagers, and to have a serious national conversation about whether gambling companies should hold such prominent sponsorships at all.

This is not an argument against sport, commercial enterprise, or adult freedom of choice. It is about consistency and the social environment we cultivate for our children. As parents and educators, we invest immense energy into teaching young people risk management and to exercise self-control. We must also protect them from being enticed into an environment where even adults struggle to maintain control.

Years from now, will we look at photographs of our sporting heroes standing before walls of betting logos and wonder what we were thinking? When did we become so comfortable with this?

If you are aware of someone who is possibly struggling with gambling, the National Responsible Gambling Programme can be reached on 0800 006 008.



REAL COACHES | SMALL CLASSES | NO CROWDS

Coached functional fitness & boxing in Ndabeni

TRY OUR INTRO PASS - R249

For one week of unlimited classes

WhatsApp "MUSE" to 060 245 8638
or scan this QR code



On Discovery Vitality?

Ask us - you could train with us for free.

CONTACT US

enquiries@refinedfitness.co.za | 060 245 8638

Unit F7, Sunrise Park, Ndabeni | 021 001 0626

www.refinedfitness.co.za





WHAT WE CAN OFFER YOU

Complete marketing to put your property in front of the right buyers, locally and worldwide.



LOCAL VISIBILITY

Property24, Private Property
& DG Properties



GLOBAL EXPOSURE

Rightmove & James Edition for
international buyers



SOCIAL MEDIA

Eye-catching renders, video
& lifestyle content



GEO-TARGETED ADS

Google, YouTube, Instagram,
LinkedIn, TikTok & Facebook



EMAIL MARKETING

Targeted campaigns to
segmented buyer groups



PHOTOGRAPHY

Professional images & video that
make a first impression



LISTING BROCHURE

Elegant, on-brand brochures
for viewings & sharing

LIST WITH US

GENÉE RODINIS

+27 83 658 2121

genee@dgproperties.co.za

www.dgproperties.co.za



PROPERTIES

Registered with the PPRA | Full Status Agent | FFC No. 0435358

PROUDLY SPONSORED BY

Webb Attorneys

Attorneys | Notaries | Conveyancers

☎ 021 180 2300 | www.webbinc.law 🌐



PINEHURST PRIMARY MUSICIANS

A remarkable 42 talented young musicians, along with several of the school ensembles and orchestra, took to the stage at the prestigious Kaapse Afrikaanse Eisteddfod. The judges certainly took notice! Special

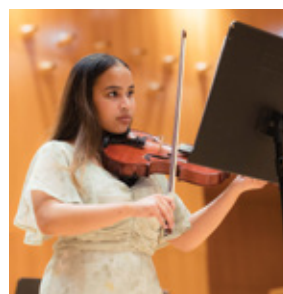
congratulations go to the award winners: Eden Jacobs on guitar; James Stephen on strings; and a gold certificate for the orchestra. In total, Pinehurst musicians returned home with a spectacular haul of 75 awards and accolades:

- 38 Honours (80-89%)
- 19 Merits (70-79%)

Furthermore, Grade 4 to 6 music students knocked the socks off the audience with their music talent in a variety of instruments and genres in the Annual Midi Maestros Concert on Tuesday, 13 October.

TALENT SHINES AT MUSIC CONCERT

Pinelands High School's Gala Music Concert was held at the Hugo Lambrechts Music Auditorium on 13 August. This firm favourite was a brilliant celebration of the school's musical talent, featuring performances from a wide range of ensembles and musicians.



DOUBLE SILVER FOR PINELANDS HIGH AT INTERNATIONAL SCIENCE FAIR



PHS is delighted that all three of their students who represented Pinelands High School at the Eskom Expo International Science Fair (ISF) in Johannesburg during the September holidays were awarded silver medals! Selected young scientists from across South Africa and abroad presented their research competing for prestigious awards. Grade 9 student Alexandra de Roo received silver for her research into how plant diversity in suburban gardens can support arthropod biodiversity, while Grade 11 students Uthmaan Razak and Huda Nacerodien earned silver for their joint project investigating how waste tyres can be converted into usable fuel to help reduce pollution. Congratulations to all three students on their hard work.

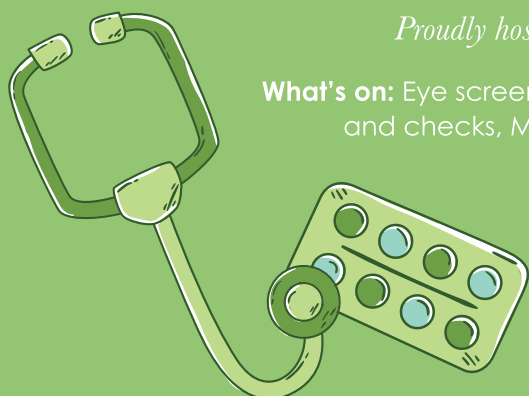
WELLNESS DAY

Your health, your move.

Join us on **Friday 13 November, 10am – 4pm** at Howard Centre for a day of quick health checks, expert advice and practical information to help you feel your best.

Proudly hosted in collaboration with the Cape Town Lions Club

What's on: Eye screening, Blood sugar testing, Breast cancer health information and checks, Mental health support and advice...and much more!



ATSG | FM 90.8 | OUR OWN NEW LOCAL RADIO STATION ANYTHING THAT SOUNDS GOOD

Steven Pieterse, founder of the new hyperlocal radio station that operates from Mutual Park has hit on an exciting concept that not only provides entertainment and advertising for the community but more importantly will provide hands on training for volunteers to carry forward to employment opportunities.

When Max and Glynnis Schutte were invited to talk on 90.8 about the Pinelands Muse magazine, they thought it may be daunting to sit in the studio with the headphones and microphones - something they hadn't done before. All nervousness was quelled by the easy going and welcoming Steven Pieterse and we were given the opportunity to describe our work over the last 16 years as well as letting readers and residents know how much we appreciate their support and their amazingly encouraging stories. It was like chatting over a cup of coffee!

Steven has a deep desire to save the world from itself through education and technology, all while hosting a radio show in his spare time. "Education has been in my blood since I was very young. The

issue is that often students leave with an education, but struggle to get work experience... So we decided to start the ATSG 90.8 FM radio station where we can give students work experience in production, presenting, marketing, social media, sales, etc..." Volunteers are invited to work with the station for experience in:

- **On-air presenting** - get to host a show or read local news.
- **Production and editing** - record, mix and prepare shows, adverts or jingles.
- **Social media and content** - shoot, post and manage the moments that bring the studio to people online.
- **Community outreach** - connect with local businesses, schools and events around Mutual Park.

- **Administration and front of house** - be the friendly face at the studio and keep things running.
- **Music and research** - build the library and keep playlists fresh and local.

Steven Pieterse's background includes being a teacher and founder of the Ed Tech company Metisware. He notes that students often struggle to get real work experience. He hopes that ATSG will fill this gap. The Muse wishes ATSG every success in this endeavour.

See the live studio at Mutual Park, Shop 26 in the The Galleria. To volunteer or to advertise contact the studio at email: studio@atsg.fm or call 021 007 3753. To listen online go to www.atsg.fm



R5000
referral
INCENTIVE

EARN A QUICK

R5000

REFER A PROPERTY FOR US TO SELL



Refer anyone wishing to sell their property and earn **R5000** on registration.



This incentive is valid for properties sold in any area, but must be sold through the **Rawson Constantia Franchise**.



The referred seller must be a client we have not contacted or with whom we are not already working. The incentive is only paid after successful transfer and registration of the property.

Ts & Cs Apply

Anthony McCarthy | Sales Partner
Diamond Achiever | Pinelands Resident
082 372 3092 | 021 761 1055
anthony.mccarthy@rawson.co.za

Let's connect!

RAWSON

Properties
Constantia

**YOUR NEIGHBOURHOOD
EXPERTS FOR THE
LAST 40 YEARS**

www.rawson.co.za

Emeritus Professor Lungisile Ntsebeza

Centre for African Studies University of Cape Town

Dividing his time between Pinelands and the Sakhisizwe municipal area (Cala and eKhowa) in the Eastern Cape, Pinelander Professor Lungisile Ntsebeza, looks to completing the circle of his research – balancing his time between the Eastern Cape, his roots where his first thoughts on land use were born and the Western Cape, where he honed his professional skills. Still a happy Pinelander, Prof Ntsebeza shares his journey of research into land use, with specific focus on the Eastern Cape Drakensberg Grasslands.

Professor Ntsebeza, now retired, has followed a career path inspired by the experiences he lived through as a child growing up in Cala, in the Eastern Cape during the protests when the government of the time introduced Bantustans. Cala is just north of the Great Kei River which demarcated the border between the former self-governing Transkei to the North and Ciskei to the South. The movement of people and their lack of access to land has always held great significance for Professor Ntsebeza, alongside his interest in rural local government and democracy in the post-1994 era.

Further influence on Prof Ntsebeza's career path

In this post-1994 era, the government under the presidency of Nelson Mandela was looking for researchers who could work on land and governance issues in South Africa. At the time, Prof Ntsebeza was working closely with officials in the then Department of Land Affairs under Minister Derek Hanekom, doing research at the University of the Western Cape. Prof Ntsebeza was chosen to be a part of the project aimed at identifying places along the Wild Coast in the Eastern Cape, that were suitable for economic growth. His focus was The Hole in the Wall; Coffee Bay; and Port St Johns. This project led him to where he is today and extended his career path into land use beyond the Wild Coast.

From Messenger to publisher

Both of Prof Ntsebeza's parents were teachers with a great love for books and reading - thereby cementing a firm conviction about good education. In his youth, Prof Ntsebeza enjoyed frequent

family holidays from Cala to Cape Town and sometimes he took the opportunity to take on informal work in Cape Town. One of his most interesting jobs was for the Purnell and Sons publishing house in Keerom Street, where he was a messenger. Later on, he was to revive and run a bookshop started by his parents. Since then he pursued his current academic path and has published numerous research papers including his first book in 2005, *Democracy Compromised: Chiefs and the Politics of Land in South Africa*. He is now mulling over the content for his autobiography and possibly another book describing Cala "then" (in his youth) and Cala "today" (present day Cala). Most recently, he is establishing himself as a publisher under the auspices of the Sakhisizwe Information and Research Centre (SIRC) that he set up in Cala in 2023. See www.sirc.co.za.

The journey to Pinelands

Prof Ntsebeza went to primary school in Cala and then to St Johns' College in Mthatha, a high school offering commercial and technical subjects, because his parents encouraged him to become a chartered accountant. He recalls being very good at accounting and passing his matric with a 1st class pass, leading him to register at Fort Hare University for a BCom...but being an accountant was not where his life took him. He switched from accounting to the humanities and social sciences.

After obtaining his BA degree through UNISA he did his honours at UCT, staying in Rondebosch. In 1988 he worked as the academic co-ordinator of Khanya College, Observatory. Moving to the University of Natal he completed a Masters degree in

1993 and then did his PhD in Sociology in 2002 through Rhodes University.

After eight years at Natal University where he was very happy and enjoyed the weather, Prof Ntsebeza decided to move back to Cape Town where he thought his family would be safer while he did extensive travelling for work. Pinelands offered schools where his children could learn isiXhosa and it was relatively safe. And affordable! He and his wife and four children first stayed in Daffodil Way and then moved to Mareola Way. The children went to the Green School and also to Pinelands High School. Mrs Ntsebeza, also now retired, was a teacher at a school in Khayelitsha.

Still enjoying Pinelands

Prof still finds Pinelands a quiet and relatively safe suburb. He enjoys walks along the canal and does yoga. He appreciates running into colleagues from UCT at the local shopping centres and fondly remembers his close friend, the late Prof Bongani Mayosi who accompanied him to Bloemfontein and afterwards to Cala for the celebration when Prof Ntsebeza was awarded the prestigious Hamilton Naki award by the National Research Foundation, in 2017. This award recognises and celebrates the work of Hamilton Naki, an exceptional laboratory assistant, who worked in surgical research with Prof Christian Barnard at UCT, and is given to recipients who achieve world-class research despite considerable challenges.

Work at the University of Cape Town

Starting at UCT in 2004 as Associate Professor of Sociology, Prof Ntsebeza did research for the Human Sciences Research



Above:

Professor Lungisile Ntsebeza at home in Pinelands with his book *Democracy Compromised*, surrounded by a lifetime of scholarship, books and academic recognition.



PINELANDER (continued)

Prof Lungisile Ntsebeza at the entrance to the Ncamase Farm in Maxongo's Hoek, eKhowa (Elliot), where he is putting his decades of research on land reform and land use into practice.

Council. From 2008 until 2022 he was a full professor at UCT holding two research chairs - the National Research Foundation Research Chair in "Land reform and democracy in South Africa"; and the AC Jordan Chair focussing on African Studies. He was also the Director of the Centre for African Studies between 2010 and 2022. Prof Ntsebeza feels that his many years as a Professor at UCT took up a great deal of his time, where, as a leader, attending meetings and sitting on council involved a large amount of administrative work. This kept him away from his desire to do empirical research in land use in his area of interest in the Sakhisizwe municipal area, which incorporates his home town of Cala.

Retirement dream

Prof Ntsebeza retired in 2022 but this was only a retirement from the salary and not from the work! As the Emeritus Professor of African Studies and Sociology in the Centre for African Studies at UCT he supervises PhD and post doctoral student research, but is grateful not to be teaching especially when classes swell to over 1 000!

In 2020 the University of Leiden bestowed

an Honorary degree on Prof Ntsebeza for his work in land reform and this is the field where his heart lies. He longs to work the land on a farm at Maxongo, in the Elliot (eKhowa) farmland and to write about his experiences as a land owner in the hope that what he learns can be used by those who are given the opportunity to own and work the land for the community.

"While working at UCT I often felt that I was missing something connected to the problems related to land use and in particular, land reform. Now I am doing the research as an "insider". I am focusing on veld conditions in an area dominated by livestock farmers. I am recording every thing I do to see what makes land use productive, efficient and useful. I am three years into the project starting with livestock (cattle and sheep), growing the fodder for the livestock in areas where alien species have been removed and planning to expand into eco-tourism and conferencing in 2028. I hope that in 5 years time I will be able to write about my experience and present it - not only to academics - but to the people on the land who can make the most use of it." ■



Above: Cattle grazing at the Ncamase Farm in Maxongo's Hoek on a misty summer's day, set against the rolling grasslands of the Eastern Cape Drakensberg.

COMMUNITY NEWS

CRICKET UMPIRE EXTRAORDINAIRE

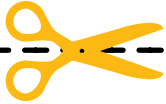
Lucinda Consul has been a dedicated educator at The Pinelands Primary School since 2001, an impressive 25 years of service to the school community and not out. Her love for cricket began when she started coaching hardball cricket at The Blue School in 2006. She became more involved in the sport by adding Mini-Cricket to her coaching portfolio in 2011. Lucinda has been a registered member of the Western Province Cricket Umpires Association (WPCUA) for the past four years. Currently, she is a Level 2 umpire, officiating mainly in the Ladies' Premier League as well as Men's Division C and D matches. She also officiates at CPL and AWQAF Youth tournaments, further establishing her dedication to the sport. Her dedication and expertise were recently recognised when she was awarded Best Female Umpire in the Ladies' League, an excellent achievement and testament to her passion, knowledge and contribution to the game. Congratulations, Lucinda, on this outstanding achievement! The Blue School is incredibly proud of you and wishes you continued success both on and off the field.



PINELANDS LIBRARY ISIXHOSA COURSE CELEBRATION

Pinelands Library recently celebrated the completion of a five-month IsiXhosa language course facilitated by Senior Library Assistant Sonwabise Nontswabu. Five dedicated participants attended the course where they learned practical day-to-day IsiXhosa conversation skills and gained confidence in speaking the language. All five learners successfully passed both the oral and written assessments. Thanks go to Nozuko Katangana who assisted with the course. Registration dates for the 2027 IsiXhosa course will be announced in due course.

7.5% OFF



Your discount awaits

Bring your coupon to
FLAME
and claim it

Valid for one purchase until 30 November 2026 | T&Cs apply

At FLAME, our curated selection of appliances, fireplaces and outdoor products reflect a commitment to quality, design, and unparalleled functionality.

PINELANDS CRAFT & GIFT FAIR

5TH - 23RD DECEMBER 2026

MON-FRI 9am - 7pm • SAT & SUN 9am - 5pm

Relaxed Christmas Shopping

CASHLESS MARKET • CARD FACILITIES
A VARIETY OF GIFTS FROM 200 CRAFTERS
COFFEE | LIGHT MEALS | POP-UP NURSERY
CHILD FRIENDLY ENVIRONMENT



FREE ENTRY • SAFE PARKING
PINELANDS HIGH SCHOOL
FOREST DRIVE, PINELANDS

www.pinelandscraftfair.co.za

082 661 6080



admin@pinelandscraftfair.co.za

COMMUNITY NEWS

P IS FOR PANGOLIN A LABOUR OF LOVE

Right: Loreen and Kevin with their first grandchild Eleanor and their alphabet book: P is for Pangolin



A wildlife inspired alphabet book by Kevin and Loreen McDonald, now retired, was initially aimed as a gift for their first grandchild, born in Pinelands. The success of the book has fulfilled their desire to donate the proceeds to pangolin rehabilitation.

Kevin describes their journey to Pinelands: "Loreen as a teacher and I as a doctor in government service, retired from Eshowe to Hoedspruit, Limpopo in 2019, to enjoy life in the bush with easy access to the Kruger National Park. The only drawback has been that our daughters both live in Cape Town with their respective partners, one in Pinelands and one in Bloubergstrand. While visiting Cape Town in December 2024 we were delighted to learn that we would be grandparents for the first time, the following August. For many years, my passion has been wildlife and wildlife photography, part of the reason for our making a home in Hoedspruit, while Loreen is a great lover of books and writing. In 2025 we decided to move to Pinelands as Loreen needed long term medical treatment at Vincent Pallotti. The support

and encouragement from Pinelands residents as well as from staff at Vincent Pallotti has been exceptional. While living in Pinelands we were able to spend time with our grandchild, Eleanor and finish the alphabet book.

"P is for Pangolin"

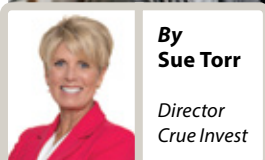
The book covers the alphabet following a wildlife theme. Each animal has a full page photograph and the facing page has Loreen's watercolour artwork, hand drawn footprints done by Kevin, and includes interesting facts, collective nouns and conservation status. There is a playfulness in the presentation and children will enjoy learning about the "super powers" of each animal. All profits from the book go to Pangolin Rehabilitation via the Scales Conservation Fund. *For copies of the book call or whatsapp Kevin at 083 960 3208.*

PINELANDS NORTH PRIMARY SCHOOL CELEBRATES 78 YEARS

PNPS proudly celebrated their 78th birthday on 15 October with a special Founders Day celebration, bringing together learners, staff, parents and

special guests to reflect on the school's proud history, celebrate achievements and give thanks for the incredible community that makes PNPS feel like more than just a school. "A strong community is built on unity, strengthened by support, and made special by the people who stand together to make a difference."





**By
Sue Torr**

Director
Crue Invest

Financial planning beyond the individual: Managing wealth across generations

Over the past decade, a noticeable shift has taken place in the way families approach financial planning. Conversations once regarded as strictly private are increasingly being shared with adult children and, in some cases, grandchildren, as families recognise that financial decisions rarely affect one person alone. This integrated approach, referred to as multi-generational financial planning, acknowledges the interdependence that exists across generations. If handled sensitively, greater transparency can reduce misunderstandings and preserve both wealth and relationships.

Shared homes and responsibilities

Multi-generational living arrangements are becoming increasingly common, whether driven by affordability, security, childcare needs or the desire to support ageing parents. Retired parents may build a cottage on an adult child's property, while younger families may move in with parents to share expenses. Although these arrangements can work exceptionally well, they raise important questions. Who owns the property, who funds improvements, how are costs divided, and what happens if circumstances change? Open discussion allows decisions to be made with a clear understanding of ownership, affordability and long-term sustainability, rather than assumptions that cause conflict.

Planning for ageing and care

As parents grow older, adult children often become more involved in decisions around care, medical funding, security and financial administration. Multi-generational planning allows families to consider where an ageing parent may live, how care will be funded and who will take responsibility if the parent can no longer manage independently, instead of confronting these questions during a crisis.

Helping without compromising retirement

Adult children may need assistance with a home deposit, business funding or access to credit, and many parents are understandably eager to help. The danger arises when retirement capital is lent or used as security without a realistic assessment of the consequences. A loan that is not repaid to retired parents can materially undermine their security, which is why any assistance should be tested against the parents' financial plan and, where appropriate, recorded in a formal agreement.

Confronting shortfalls early

Many people reach retirement with insufficient capital through inadequate saving, poor investment decisions, longevity or exposure to scams. Adult children are often unaware of their parents' vulnerability until the situation becomes urgent, by which stage the middle generation may already be supporting children while trying to fund its own retirement. Earlier conversations create an opportunity to adjust expectations and explore practical solutions.

Incapacity, illness and estate planning

The onset of dementia, Alzheimer's disease or terminal illness can expose serious gaps in a family's planning, particularly where no one knows who will manage financial affairs or oversee healthcare decisions if the individual can no longer act independently. Planning must take place while the person still has the capacity to sign essential documents, including an up-to-date Will and appropriate healthcare directives. Involving trusted family members ensures that they understand the structures in place and reduces confusion later.

Managing complex family dynamics

Blended families, second marriages and extended family structures can make estate planning particularly sensitive. Often disputes arise not because an estate plan is unfair, but because beneficiaries' expectations were never aligned with the testator's intentions. Where appropriate, discussing major decisions with intended heirs can provide clarity while there is still an opportunity to ask questions.

Passing on more than wealth

For family business owners, succession planning involves more than transferring shares. Decisions around leadership, capability, commitment and family values can end up being emotionally charged. Early conversations can distinguish between ownership and management while creating a commercially sound, fair succession plan. Having advised families through both smooth transitions and deeply challenging circumstances, we have seen that the strongest outcomes arise when planning extends beyond the individual. A Will may speak after death, but there is no voice more powerful than the one you use while you are still alive. ■

CRUE INVEST

Creating and protecting your wealth

WEALTH ACROSS GENERATIONS

We help families plan beyond the individual, aligning investments, retirement funding, estate planning & legacy objectives so that wealth can transfer across generations with clarity and confidence.

OUR FINANCIAL ADVISORY TEAM



Alex Odendaal CFP®
Bcom
PGDip Financial Planning



Craig Torr CFP®
Bcom



Erin White CFP®
PGDip Financial Planning



Devon Card CFP®
Bcom
PGDip Financial Planning,
AdvDip Investment Planning



Eric Jordaan CFP®
BA LLB LLB (tax)
AdvDip Financial Planning



Hannah Myburgh CFP®
Bcom
PGDip Financial Planning
(cum laude)



Sherry Tapfuma CFP®
Bcom
PGDip Financial Planning

FPA Approved
Professional Practice TM

Crue Invest (Pty) Ltd is an authorised financial services provider regulated by the Financial Services Board, FSP No. 19025.

5 Long Place, Pinelands
Cape Town, 7405

021 530 8500 | info@crue.co.za | www.crue.co.za



@crueinvest

Writing in Alaska!



Whales, Otters and Sea lions

"No further classes this morning everyone – there are whales in the bay!" An excited murmur rippled through our small group of aspiring writers, preparing for the morning workshop. We hurriedly put our writing materials away and strode to the skiffs in the bay which would take us out to view these "visitors" from the ocean depths. This sea excursion amongst whales, otters and sea lions was just one of many "firsts" for me – never before had morning lessons been interrupted by such magnificent Arctic creatures! As far as the eye could see, the deep blue waters surrounding the wild, rugged landscape that was Harvester Island spread out in all directions.

Arriving on Harvester Island

I had arrived on this island on a float plane just days before, flying from Kodiak Island in the Gulf of Alaska to attend the Harvester Island Writers Workshop. Situated in the heart of the salmon fishing industry, Harvester Island started as a base for the summer fishing season where award-winning author, Leslie Leyland-Fields and her husband lived and worked whilst raising their six children. Today, in addition to the family fishing business and a successful writing and teaching career, Leslie hosts an annual writing retreat on the island, where a small group of writers gather to immerse themselves in teaching, reading, writing and fellowship – all in the midst of superb natural beauty.



Small beginnings of Grace Primary School

So how did I come to be part of this Alaskan retreat, literally at the other end of the world from my ordinary home base in Pinelands? It all began back in 2018 when a friend invited me to a three-day writing workshop hosted by Leslie during her tour of Southern Africa. At the time I felt knee-deep in the joys and challenges of a school pioneering venture. As one of the couples involved in the founding of Grace Primary School, the previous five years had seen the growth of our school from one class of 14 children housed in rented facilities to a fully functioning primary school of over 130 children on our own school property on Protea Close.

Our dream to plant a Christian school, grounded on the life-giving educational vision of Charlotte Mason, had clearly resonated with other like-minded families. And yet the challenges involved in growing the school, purchasing a property and building the campus over two construction phases had often felt like a nail-biting adventure! In the midst of this stretching season, I met Leslie and felt stirred by her

by Judy
McComb
*Philosophy
Director, Grace
Primary School*

inspirational teaching to write down our story of pioneering the school – a story of vision, perseverance and growth.

An unforgettable island adventure

In the years that followed I signed up for Leslie's online Memoir Masterclass lessons and was captivated by her occasional references to the annual writing retreats held on Harvester Island. "Definitely a bucket-list item" I mentioned glibly to my husband one evening as I dreamed of writing in the midst of this wilderness solitude. In 2024 the bucket-list dream came to life! It proved to be not only a week's immersion in learning and writing, but also an unforgettable island adventure replete with daily skiff rides, outdoor walks, arctic plunges, visits to the banya (sauna) and abundant seafood feasts. Not surprisingly, these spectacular surroundings provided just the place for the words of my own story to begin taking shape.

Published! My story - *Stones of Grace*

Just two years later, I am excited to release my memoir devotional "*Stones of Grace*", published by Vindigo Press. The book was officially launched in September and reflects on the vision and story of Grace Primary, seeking to share some of the timeless principles of Charlotte Mason's thorough-going educational philosophy for all those interested in the wholesome growth of children.

For more information or to order, see vindigopress.com/stones-of-grace/ ■



"OUT OF THE WOODS"

Saturday 5 September was a special day for Grace Primary School, with two wonderful performances of *Out of the Woods* at the Observatory Community Centre. After months of rehearsals, the children brought the characters, scenes, and songs to life, supported by a dedicated team of student stage-hands behind the scenes.

Through a fun mix of fairy-tale characters, the musical shared an important message about trusting in God's Word to guide us "out of the woods." A heartfelt thank you to the Production Team, Jeremy Finnan and the On Stage Event Production sound team, as well as all the parents and staff who helped with décor, make-up, baking, boerewors rolls and sales. It truly was a wonderful team effort!



COMMUNITY NEWS

MALAYALEE ASSOCIATION HOSTS ONAM 2026 IN PINELANDS

The Cape Town Malayalee Association hosted its annual flagship event, Onam 2026, bringing together members of the local diaspora, diplomats, and municipal leaders for a major cultural gathering. The event commenced with the ceremonial reception of chief guest Ms. Ruby Jaspreet, Consul General of India in Cape Town, alongside special guests Ward Councillor Mr. Riad Davids and accompanying diplomatic officials. The traditional lighting of the lamp marked the official inauguration, signifying prosperity and unity within the community. The day's itinerary featured an extensive series of cultural presentations, including classical and fusion group performances, solo



Lighting the Onam lamp, symbolic of the New Year in celebration.

musical items, and the traditional procession of King Mahabali. Attendees also participated in traditional sports competitions, culminating in a festive community gathering. Diplomatic representatives in attendance highlighted the importance of cultural exchange initiatives and praised the association's effort in maintaining strong community networks across the Western Cape.

CANNONS CREEK VALEDICTORY 2026

On Friday 9 October, Cannons Creek Independent High School held its Matric Valedictory Awards Ceremony, celebrating the culmination of 12 years of schooling. The Matrics were wished success for their final examinations, but also their future endeavours. Mr Morton (High School Principal)

referenced the Ecclesiastes Bible verse, reminding the Matrics that there is a season for everything. As is tradition, the audience was treated to a special video showing the Matrics' journey, which sparked laughter and tears; and the two Head Prefects honoured each Matriculant in an address

whilst the parents and staff were also thanked. Of special significance were the 15 of 37 Matrics who have been at Cannons since Pre-Primary - they were given a special token of appreciation. The Matrics revealed their Matric gift plans for the school - a photograph mural wall in Peak building. As is tradition, the Matrics exited through a Guard of Honour formed by the Grade 11s.

Images below: Some of the recipients of awards at the valedictory evening.



DIRECTORY

SUBLIME
SKIN & BODY

Something special coming up?
Get your skin glowing

FOR THE FESTIVE SEASON
Expert skincare & personalised beauty treatments in the heart of Pinelands for **over 18 years**.

New to Sublime?
WE'D LOVE TO WELCOME YOU

53 North Walk, Pinelands
082 578 9022
www.sublimeskinandbody.co.za

EXPERIENCED • PROFESSIONAL • PERSONAL • A PLACE TO BELONG

Eternal Youth
BEAUTY SALON

November Summer Glow-Up
December is almost here! Get ahead of the festive rush and treat yourself to some well-deserved pampering before the holidays begin.

Summer Ready: R400
Pedicure + Brow & Lash Tint

Relax & Recharge:
Pedicure & 15% off any Massage

Summer Confidence:
Laser Hair Removal 30% off

Glow & Go: Facial + FREE Lash Tint

Rochelle & Kelly

060 425 5535
7 Howard Studios Pinelands

eternalyouth.pinelands
@eternalyouth.pinelands
www.eternalyouth.co.za

Moving Arts
pilates studio

As the skies brighten, Come and MOVE with us and make a difference in your life

082 574 3375 • www.movingarts.co.za • Pinelands

TOP TOE
NATURAL BEAUTY SALON

FOR APPOINTMENTS
PLEASE WHATSAPP
TERRY OR JADE
083 523 7739

NOVEMBER SPECIALS

MEDI-HEEL AND GEL COMBO Does not include soak-off

NOW R400

R100 OFF

A Classic or Volume SET OF LASHES With Jade

E | toptootepinelands@gmail.com CONNECT WITH US

44 Brookdale Ave, Pinelands. Entrance on Glen Avon

The Flexarium

Expert Wellness and
Sports Massage
in Pinelands

You deserve
pain free movement



WhatsApp Imke:
078 967 8054
Book online
<https://bklmk.co.za/theflexarium>



Kathy Rademan
PHYSIOTHERAPIST

11 The Crossing, Pinelands
kathy.rademan@gmail.com

082 785 0394
021 531 6119

GENERAL
PHYSIOTHERAPY
PRACTICE

Sports injuries
Neck & back pain
Chest conditions
Post-operative
rehabilitation

**LIFE OPENS UP
WHEN YOU
DON'T NEED
TO SAY:
"WHAT?"**

Hearing care, made personal

Services Offered

Hearing Tests
Free Hearing Screening
Hearing Aid
Fitting & Repair
Wax Removal
Noise Protection Plugs
Retirement Home Visits



Meet Your
Audiologist

Shanel Singh

021 531 6844

Office 6C, 1st Floor, Founders Quarter,
3 Founders Way, Pinelands

pinelands@capehearingaids.co.za
www.capehearingaids.co.za



CAPE HEARING AIDS
—AUDIOLOGISTS

OCCUPATIONAL THERAPY FOR ALL YOUNGSTERS

Lyndall 082 437 6698
B.Sc.(Occ.Ther.) UCT 1993
lyndallscharfetter@gmail.com
Groups | Individual | Pinelands Home Visits

Dr Mark Stodel

MBBCh (Wits) DCH (SA) MBA (UCT)
Cert in Aesthetic Medicine (AAAM)



MON - FRI: 08:30-17:30
BY APPOINTMENT ONLY
6 Days Walk, Pinelands



info@communitymedicalcare.co.za
www.communitymedicalcare.co.za

T 021 531 2362



APPLICATIONS OPEN

ENQUIRE NOW
as space is limited
021 531 4961
admin@lagratitude.org.za



2 - 6
Years
Old

Early
Learning
Centre



TEALE'S TREASURES

**We buy old gold, silver
and costume jewellery!**



Old watches

Any make but especially Omega,
Seiko and old military watches



Pocket watches, wrist watches as well as chains

urgently required for
overseas collectors



Medals and coins purchased!



282 Main Road, Kenilworth

Anthony 072 150 7024 | Chris 074 146 0994 | Margaret 073 015 8439



KINGFISHER KITCHENS

Kitchen Cupboards
Built-in Cupboards
Bathroom Vanities
Bookshelves & Desks

KEVIN FISHER
021 531 6107
083 295 0610

Owner-built & supervised to ensure quality & satisfaction
info@kingfisherkitchens.co.za
www.kingfisherkitchens.co.za

Jenny Holland
Pinelands Blinds
076 921 9515

We measure, make and install
Curtains • Blinds • Cushions
Alterations and Relining

We supply and install all curtain tracks & rods, roller, venetian, vertical, wood and bamboo blinds

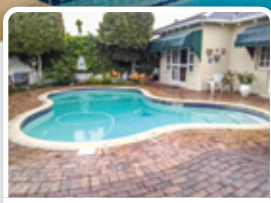
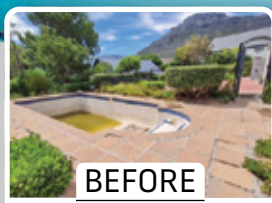
Wide range of indoor and outdoor fabric available



PENINSULA POOL RENOVATIONS

Give your pool a new lease on life!

SERVICE CONTRACTS • MAINTENANCE & REPAIRS

BEFORE AFTER

Specialists in marble plaster, fibreglass and pool paving





TOM BOTHA
079 845 4445
021 532 2774
TOM@POOLRENOVATION.CO.ZA
WWW.POOLRENOVATION.CO.ZA
16 POPLAR WAY, PINELANDS

QUALITY RENOVATIONS ACROSS THE PENINSULA

PINELANDS LIBRARY

OPENING HOURS
Mon & Wed: 09:00 - 18:00
Tues & Thur: 09:00 - 17:00
Friday: 09:00 - 16:00
Saturday: 09:00 - 12:00

☎ 021 814 1780
@pinelands.library@capetown.gov.za
@pinelandslibrary Follow us to stay up to date with current news & events at the library

YOUR LIBRARY CARD IS YOUR KEY
With your own library card you'll enjoy access to books, audiobooks, magazines, DVDs, CDs and computers and Wi-Fi via SmartCape. To get your library card you will need your ID/passport/birth certificate, proof of residence and 2 contactable references.





Search for books or renew library material on: opac.capetown.gov.za

Read eBooks and listen to audiobooks

Read local & international newspapers & magazines

FOR ACCESS
use your library card barcode as username and the last 6 digits of the barcode as the PIN.

ACTIVITIES AT PINELANDS LIBRARY
Tech Tuesdays: We assist with basic tech challenges
Page Turners: Monthly book club with visiting authors
Chess Club: Wednesdays Pinees Pram Jam: Fridays 10am
Happy Hour: Monthly social group

OTHER SERVICES INCLUDE

- Printing
- Board Games
- Social Events
- Pinelands History
- Literacy Programmes
- Holiday Programmes
- Hall and Committee Room Hire

THE CARPORT PLACE
established 1984
A local family business based in Pinelands

- Steel & Aluminium Carports
- Bespoke Patios
- Braai Rooms
- Decking
- Facades & Pergolas
- Roof Replacements
- Home Improvements
- Handyman Jobs
- New Builds
- Additions & Alterations

CALL STEVE DARKE 082 414 6348 • admin@validus.org.za

Cupboards + Shelving
CUSTOM BUILT & PERSONALLY INSTALLED

- + **WOVEN BASKETS:** Custom made to order
- + **PLAYPENS:** Pine timber / folds away
- + **BEDRAILS:** 1m long / folds flat • **Contact Brian:**

SOLUTIONS 4 STORAGE
t: 021 531 2660 c: 083 896 7904
e: brian@solutions4storage.co.za
w: www.solutions4storage.co.za

We like to move it, move it...

Rubble, Rubbish
Appliances,
Furniture
This and That...

CALL STEVE DARKE 082 414 6348

DryCare
RUG CLEAN EXPRESS
We collect and deliver in Pinelands
We clean carpets, upholstery & mattresses

Experienced Owner Operated
Megan 072 145 4320
www.drycare.co.za

HARDTREE FELLERS
Tree Felling - Plot Clearance
Stump Removal - Palm Trimming
FULLY INSURED
Hardlife: 084 847 5766
info@hardfellers.co.za



By Nina Timm

Cook, teacher,
blogger and
author of *Easy
Cooking from
Nina's Kitchen* and
*Maklike Etes uit
Nina se Kombuis!*

Smoked Trout Terrine

Makes 1 loaf to serve about 8

Ingredients

500 g trout ribbons

3 x 100 g goat's cheese (chèvre) or full fat cream cheese.

3 x 100 g smooth creamy feta

30 ml pink peppercorns – optional

30 ml chopped chives

Salt and pepper

zest of 1 lemon – optional

Garnish: radishes, edible flowers, coriander and left over peppercorns.

To serve: Wholegrain bread

Method

1. Line a 20 cm loaf tin with cling wrap.
2. Blend the pink peppercorns and chives.
3. In a glass bowl, mix the soft goats cheese, feta, chives, pink peppercorns, and lemon rind to a smooth consistency. It helps if the cheeses are at room temperature.
4. Taste and season with salt and pepper.
5. Line the bottom and sides of the tin with the trout shavings, overlapping the slices slightly. The trout slices must also hang over the sides as you will need it to close the terrine at the end.
6. Spread an even layer of the cream cheese filling on the bottom layer of trout. I prefer it to be about 5 mm thick.
7. Top the cheese mix with trout shavings and repeat the process until all the cheese filling is done.
8. Fold the overhanging pieces over to close the terrine.
9. Refrigerate for a few hours, overnight is better.
10. Serve with baby lettuce, edible flowers sliced radish and wholegrain bread.

Alternatives for pink peppercorns:

Green peppercorns

Dried raspberries or

Rinsed capers



The ultimate "day ahead" dish

As the days get closer to the holiday season and guests are expected to arrive, one needs a dish that can be prepared in advance and left in the fridge to rest so that on the day one can spend more time with friends and less time in the kitchen. This layered smoked trout and cream cheese terrine is both eye catching and delicious and can be served with one's favourite bread or crackers as an appetiser or accompaniment to sundowners - bringing a slow pace to a time which is often frenetic with end of year arrangements.

Alternatively the baked chicken terrine, see the recipe link below, can be served warm

straight from the oven with hot vegetables such as roasted baby potatoes and green beans or it can be left in the fridge to set and served cold or at room temperature - both ways are equally delicious.

The secret to a fridge terrine keeping its shape when cut, depends on a good ratio of fat, low moisture and no air pockets. If a soft cream cheese with too much moisture is used the terrine may not go firm in the fridge and when the terrine is cut it will collapse. The feta must not be crumbly causing slices to fall apart. Be sure to pack the ingredients in well to ensure a firm terrine loaf when turned out of the dish.

Chicken Terrine

Another delicious recipe by Nina Timm that featured in the Muse. See the December 2019 edition on www.pinelandsdirectory.co.za.

Go to "previous editions" or scan the QR code for the link to this edition.



Lew Geffen

Sotheby's

INTERNATIONAL REALTY

PINELANDS
SOLE MANDATE

NEW RELEASE

An excellent investment opportunity in the sought-after River Place Mews block.

*For Sale: R 2 350 000 **

A modern, north-facing two-bedroom flat with a single automated garage and one allocated parking bay. Plenty of visitors' parking inside the block. Communal gardens and braai facilities.



TABLE VIEW
SOLE MANDATE

NEW RELEASE

Spread out in this sprawling double-storey house with a spacious modern simplex flat.

*To Let: R 45 000 pm **

The main house has four bedrooms and three bathrooms, including a main en suite. The flat, with its own entrance, features a double bedroom and bathroom and has a large open-plan lounge, dining area and kitchen. Automated double garage and plenty of secure off-street parking.



Sharon Van Rensburg

082 920 2217

Sharon.v@sothebysrealtyss.co.za

Christo Van Rensburg

076 164 4483

Christo.v@sothebysrealtyss.co.za

Pinelands Office

021 531 3464

Pinelands@sothebysrealtyss.co.za

Tokai Office

021 701 2446

Info@sothebysrealtyss.co.za

Each Office is Independently Owned and Operated

*Asking Price **



SIM ATTORNEYS INC.

ATTORNEYS, NOTARIES AND CONVEYANCERS

For all your
Conveyancing Requirements
contact Sim Attorneys Inc.

Lucia Smyth

0828730341 | conveyancing@simattorneys.co.za

Attorney Notary Conveyancer

LOOKING TO SELL YOUR PROPERTY?

It doesn't
have to be

Scary

Let us help you to make
it a calmer experience



Pinelands | RL67100 | R9,980,000



Pinelands | RL67761 | R7,500,000



Pinelands | RL67608 | R7,495,000



Pinelands | RL62454 | R4,950,000



Pinelands | RL66503 | R1,750,999



Pinelands | RL70688 | R6,850,000



Pinelands | RL72938 | R1,895,000



Thornton | RL71815 | R3,000,000



Pinelands | RL71979 | R55,000 pm



Pinelands | RL71978 | R47,000 pm



Pinelands | RL71969 | R46 000 pm

Thinking of buying selling or letting? Call us TODAY!



Dave Brown
PINELANDS SALES
082 330 4111



Quentin Jute
THORNTON SALES
082 864 8708



Margi Daly
PINELANDS & THORNTON RENTALS
067 072 6612

Harcourts
Maynard Burgoyne

Maynard Burgoyne (Pinelands) CC t/a Harcourts Maynard Burgoyne, a franchisee of Harcourts South Africa (Pty) Ltd, registered with the PPRA.

T 021 531 3041 E sales.pinelands@harcourts.co.za | 12 Howard Studios, Sheldon Way, Pinelands